



KATIKIES
MYKONOS

A.SPA
MYKONOS LUXURY SPA

The A.SPA

Welcome to the A-Spa, an elegant and intimate sanctuary for the senses, created to restore balance to your body, mind and spirit. As a handcrafted refuge, A.SPA is embraced by the earth and built inside the mountain. Experience a blissful relaxation and wellbeing provided by our precious partner, Caribbean “Ligne St. Barth” using only the finest natural ingredients. They exclusively derive from plant sources, and is selected for their beneficial properties in order to meet the needs of all skin types. All our Spa Suites have a treatment oriented design and a conception based on the couples’ integration, inspired by the Mediterranean rituals and massages.

Be ready to experience an unforgettable voyage of purity and serenity.

THE A.SPA SUITES

IRIS Spa Suite

In Greek mythology, Iris is the personification of the rainbow and messenger of the gods. She is also known as one of the goddesses of the sea and the sky. Iris links the gods to humanity. She travels with the speed of wind from one end of the world to the other and into the depths of the sea and the underworld.

Synonymous with subtle sophistication, Iris Spa Suite is the perfect fane for utmost relaxation. This modern earthly-luxury-style retreat feature a twin massage beds, a steam room, a rain shower cabin and a lobby arranged with your comfort in mind.

THALIA Spa Suite

Thalia ("the Joyous, the Flourishing", from "to flourish, to be green") is a nymph from the fifty Nereides - goddesses of the sea. She is also given as an anthropomorphic secondary deity of plant life and shoots, possibly as the culmination of the transmission of knowledge on volcanic ash's use as a fertilizer, characteristic of ancient viticulture in volcanic soils such as those of the islands of Thera and Santorini.

Amid a true sense of place, Thalia Spa Suite is relaxation at its finest. Loaded with indulgent style, the open space retreat feature twin massage beds massage, steam room and shower, neighbored by a cozy lobby arranged with your comfort in mind.

KALLISTE Spa Suite

Kalliste (“most beautiful”) was the Haliad nymph of the island of Kalliste (now Santorini) in the Aegean Sea. Her father, the sea-god Triton, presented her to the Argonaut Euphemos as a clod of earth. When the clod was washed overboard during the voyage it formed into the island of Santorini, a personification of Santorini Island may be recognized as an epithet of the goddess herself.

Kalliste Spa Suite is an homage paid to the perfect and pure beauty of Kalliste nymph. Couples seeking for an exclusive romantic spa experience can find a relaxing oasis to unwind and reconnect to each other.

TECHNO GYM Spa Suite

“A healthy mind in a healthy body.” Our fitness center welcomes you from 10 am to 6 pm, and is featured with two spinning bikes, two treadmills and two kinesis machine. We provide you with towels and bottles of water. For your own comfort and intimacy the fitness center can welcome 2 guests at a time, and thus a reservation in advance is required through the reception.

OUR RITUALS

To enjoy a truly wellbeing spa experience, our therapists are glad to propose you different rituals with a combination of body and facial treatments.

A - Spa Signature Ritual

1st day: 1, 45' hrs.

As an introduction to your A.SPA experience, take a warm wave of relaxation, cave swimming and steam bathing.

This revitalizing treatment starts with the St Barth Softness, a relaxing peeling massage for velvety soft and smooth skin. Ideal as preparation for a long-lasting and even tan.

This is followed by the St Barth Freshness. You will enjoy the effect of the high-quality skin care products with natural vitamins and minerals, enhanced by freshly prepared fruits. Your skin takes on a visibly clear, smooth and fresh appearance.

2nd day: 2 hrs.

Let's continue the experience with the St Barth Elasticity, an intensive body care to improve skin condition with the use of valuable minerals and vitamins. The skin tissue is visibly finer and tighter.

The Spa Signature Ritual ends with the St Barth Harmony, a Holistic, and Relaxing full body massage with intensive care products specially tailored to your needs. Let yourself be pampered with a touch of the Caribbean.

A - Spa Symphony Ritual

As an introduction to your A.SPA experience, take a warm wave of relaxation, cave swimming and steam bathing.

A gentle body exfoliation starts the purification process. Uncover your skin's youthfulness with a St Barth Softness relaxing peeling massage using Fine Caribbean sea sand, St Barth Coconut oil and fresh papaya muse.

To follow, let your therapist transport you straight to bliss with a deeply relaxing St Barth Harmony massage. A classic way for balancing your body with a choice of St Barth avocado oil, St Barth pure coconut oil or St Barth relaxing oil with camphor and menthol, according to skin type and personal preference. The ritual concludes with a Pureness facial treatment that combines the soothing benefits of massage and the healing properties of a cream face mask.

A - Spa Senses

As an introduction to your A.SPA experience take a warm wave of relaxation, cave swimming and steam bathing.

Immerse yourself in the sensory delights of a moisturizing St Barth Sensation body treatment. Personally chosen oil is applied before the completely enveloping body wrap. Drenching the skin with moisture, this treatment will intensely nourish your body, and enhance its elasticity. While your skin will deeply absorb the cream, you will enjoy a smooth and relaxing massage of your head or your feet, at your convenience.

After this nourishing body wrap, let your therapist take care of you, with an intensively relaxing and soothing St Barth Freshness facial, nape of the neck, décolleté and hands. The use of fresh and natural ingredients such as melon, papaya or cucumber stimulates the skin's natural activity and leaves the face fresh, revitalized and toned.

A - Spa Journey

As an introduction to your A.SPA experience, take a warm wave of relaxation, cave swimming and steam bathing.

This wonderful harmonizing treatment gently sloughs off dead cells from the skin's surface allowing nutrients to penetrate deep into its layers, leaving skin soft, firm, supple, and silky to the touch.

Start with a St Barth Softness Body Exfoliation with a wonderful combination of Fine Caribbean sea sand, St Barth Coconut oil and fresh papaya muse to make the skin smooth and velvety while relaxing body and mind.

Then, a luxurious St Barth Sensation Body Wrap follows with a smooth textured combination of precious oils and body lotions of your choice. A creamy, silky mask is gently applied to your entire body to supply your skin with intensive nutrients. The absorption of the mask is intensified by a wonderfully fragrant relaxing massage as a finish to provide a feeling of wellbeing and absolute serenity.

THE MESSAGES

Ligne St Barth

St Barth Chill Out is a unique and intensely relaxing body massage using a particular type of clam shells with self-heating properties and cold-pressed avocado oil gently releases tension, soothes stress, stimulates tissue metabolism and lymph flow, enhances circulation and thoroughly moisturizes and nourishes the skin with precious minerals and vitamins.

St Barth Harmony Massage is a relaxing, gentle body massage with intensive caring products specially tailored to your needs. Choose pure, slightly warmed coconut oil for intensive conditioning of dry skin, cold-pressed avocado oil to support the functioning of delicate skin or ivy gel and menthol oil for strengthening tissue and skin layers. The treatment is completed with a selection of your favorite body lotion.

Deep Tissue Massage is a massage technique that works on the deeper layers of the muscle tissue, in combination with dynamic stretching to ease even the deepest layers of the muscular system.

St Barth Slimness is a smoothing and relaxing leg massage that improves and relieves lymphatic drainage and stimulates blood flow. For fast relief and relaxation of heavy swollen legs, after extended periods of sitting, standing or following a long flight, or simply for beautiful, slim legs.

Caldera Hot Stone Massage

An indulgent massage combination using hot volcanic stones and plant-derived oils enriched with essential oils. A unique experience that has gained faithful followers, offers ultimate relaxation and energy rebalancing. The targeted movements and pressures with hot stones relax the muscles, while massaging and the use of oils hydrate and deeply condition skin.

Back Head Massage is a massage using specific techniques of pressure points and takes away tensions in your upper body, breaks down trigger points and improves your flexibility.

SKIN CARE FOR FACE AND BODY

Ligne St Barth Face Treatments

St Barth Pureness

Luxuriate in an exceptional intensively relaxing and smoothing treatment. Enjoy this tranquil pampering moments that will reach a state of deep relaxation. The high-quality, botanical based care products with natural vitamins and minerals have an intensive cleansing effect and stimulate the skin's natural activity. Your skin takes on a clear, smooth and fresh appearance. The gentle treatment is completed with a nourishing hand massage.

St Barth Freshness

Luxuriate in an exceptional intensively relaxing and refreshing treatment of face, nape of the neck, décolleté and hands. The effect of the high-quality skin care products with natural vitamins and minerals is enhanced by freshly prepared fruits. Your skin takes on a visibly clear, smooth and fresh appearance.

Body Care Treatments Ligne St Barth

St Barth Sensation

This is an intensive moisturizing body pack, which enhances the appearance and elasticity of the skin by supplying it with a high level of lipids. Select your favorite scent: bourbon vanilla, delicate tiare flowers or exotic lily. A creamy, silky mask is gently applied to your entire body to supply your skin with intensive nutrients. The absorption of the mask is intensified by a wonderfully fragrant relaxing massage as a finish. Your entire skin takes a visibly improved appearance and velvety smooth texture.

St Barth Elasticity

Intensive body care to improve skin condition with the use of valuable minerals and vitamins as natural components of clay and fresh cucumber mousse. Ivy, menthol and camphor activate and strengthen body tissue while cold-pressed avocado oil supplies important nutrients. The skin tissue is visibly finer and tighter.

St Barth Softness

Relaxing peeling massage for velvety soft and smooth skin. The fruit enzymes of fresh papaya and a special sea-sand polish complex, enriched with minerals, remove dead skin cells; pure coconut oil moisturizes the skin and pampers it with valuable nutrients. Ideal as preparation for a long-lasting and even tan.



St Barth Sun Touch

After a gentle and relaxing whole body exfoliation, precious Linge St Barth Roucou oil will be massaged into your skin in order to intensify the tanning ability of your skin. A perfect preparation for a wonderful, long-lasting suntan.

St Barth Sun Downer

Body mask with clay & melon mousse. The pampering body mask provides the skin with an intensive moisture boost, cooling and relaxing after a long sun bath.

BEAUTY PARLOR

A-SPA SOOTHING PEDICURE

In addition to a cuticle, file, buff and polish this pampering pedicure includes St Barth Luxurious Papaya peeling to soothe and refresh the skin, and relieving foot massage with a St Barth oil of your choice. A relaxing procedure that makes your skin feels soft, smooth and moisturized.

A-SPA GENTLE TOUCH MANICURE

Intensive hand and nail care to renew and smooth the skin, including papaya peeling and hands massage with Luxurious St Barth products as well as cuticle care, file, buff and polish.

A-SPA NAIL MAINTENANCE

A basic kind treatment for the nails, which includes file and polish of your choice.

PRICE LIST

RITUALS

A-SPA Signature (3h 45')	350€
A-SPA Symphony (2h 30')	230€
A-SPA Senses (2h 30')	220€
A-SPA Journey (2h)	190€

MASSAGES

Ligne St Barth

Chill out (1h 30')	190€
Harmony (50'/80')	130€/170€
Deep tissue (50'/80')	145€/185€
Slimness (30')	70€

FACE CARE

Ligne St Barth

Pureness (50')	100€
Freshness (1h 5')	120€

BODY CARE

Ligne St Barth

Sensation (60')	110€
Elasticity (40')	70€
Softness (40')	80€
Sun Touch (60')	110€
Sun Downer (45')	90€

BEAUTY PAR LOUR

A-SPA Pedicure	(60')	55€
A-SPA Manicure	(60')	45€
Nail Maintenance	(30')	20€
Semi Permanent Color Removal	(30')	20€

TERMS & CONDITIONS

OPENING HOURS

10:00 am to 8:00 pm daily. Please dial "1000 or 1050" for the reservations.

ARRIVAL

To relax and enjoy our facilities, we encourage you to arrive 10 minutes prior to your appointment. This allows us to welcome you and begin with a private therapist consultation in order to determine each individual's personal and current state of wellbeing.

TREATMENTS

For your comfort, we are pleased to provide you bathrobes, towels and slippers. Underwear must be worn during treatment, or your therapist can provide you with disposable underwear.

PREGNANCY

Please let your therapist guide you in selecting suitable treatments. Pregnant clients must be 14 weeks pregnant before they can have treatments.

BOUTIQUE

To continue your spa regimen at home, all St Barth products used in the treatments are available in our boutique near from the reception as well as gift, jewelry, clothing and swimwear.